

SAM'S CAFE

PRIMROSE HILL

School of Life Supper **An evening of food and meaningful conversation.**

As part of the Book Clubs exploration of the School of Life's output, Sam's is hosting a community supper using their beautifully designed **Conversation Menu**

Cards <https://shop.theschooloflife.com/products/conversation-menus> to gently guide conversation.

What conversations are on The Menu?

The menus are created by The School of Life, an organisation known for exploring the emotional and psychological dimensions of everyday life: relationships, work, self-knowledge, meaning, and how we live well together. These are the subjects that are on the menu. You might find yourself exploring questions like:

- Have you ever sabotaged your own success?
- What should children learn about the adult world?
 - In what ways is your family especially odd?
 - How would you like to be remembered?
 - What shaped your attitudes to money?

House rules as follows :

No fixing

No advice-giving

No decrying

No selling

Just the opportunity to listen,
to reflect, to speak, and to be met.

Where conversation feels a little more alive, a little more honest, and a little more nourishing than usual.